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Training

- **Psychoanalytic Training**, Academy for Applied and Clinical Psychoanalysis, New Jersey, USA 2015-2019
- **Specialty in psychiatry**, *Iran University of Medical Sciences*, Tehran, Iran 1996-1999
- **M.D.**, *Iran University of Medical Sciences*, Tehran, Iran 1987-1994

Teaching &

Work Experience

- **Chair of The Department of Psychiatry**, 2018-present.
- **Director of psychotherapy fellowship**, *Iran University of Medical Sciences* - 2106-present.
- **Research Deputy of Faculty of Medicine**, 2013-2019.
- **Member of education committee of psychiatric department**, *Iran University of Medical Sciences*, 2003-present.
- **Member of executive committee of psychiatric department**, *Iran University of Medical Sciences*, 2005-present.
- **Head of the testing team of psychiatric department**, *Iran University of Medical Sciences*, 2008-2015.
- **Head of the addiction department**, *Iran University of Medical Sciences*, 2002-2012.
- **Chair of Mental Health Research Center**, 2008-2018.
- **Deputy of Mental Health Research Center**, 2004-2008.
- **Faculty of Psychiatry department**, *Iran University of Medical Sciences*, 1999-present.

Private practice as a psychoanalytic psychotherapist, 2006-Present

Other Professional Activities:

- **Sex Clinic Supervisor**, *Tehran Institute of Psychiatry*, 2005-Present
- **Private Sex Clinic**, 2005-Present
- **Member of the Specialists Team**, *Kowsar Infertility and Impotency Centre*, 2000- 2004.
- **Editor-in-chief**, *Psychoanalytic Discourse/Discours Psychanalytique (PSYAD) journal*, 2015-2018
- **Editorial Board**, *Iranian Journal of Psychiatry and Psychology*, 2012- present
- **Congress Chair**, *Second Iranian congress on psychoanalytic and psychodynamic psychotherapy* 9-11November2016
- **National Adviser for providing National HIV counselling guideline**- 2015

Publications

Articles:

- Eftekhar, M., Mostafavi, E., Gouya, MM., Fahimfar, N., Sedaghat, A., Shoghi, M., Ranjbar, H. (2019) HIV prevention barriers in transgender women: a qualitative study, *Journal of Gay & Lesbian Social Services*, 1-15.
- Moradi, G., Hajarizadeh, B., Rahmani, K., Mohamadi-Bolbanabad, A., Darvishi, S., Zareie, B., Azimian Zavareh, F., Sharafi, H., Moayed Alavian, S., Ramazani, R., Eftekhar, M., Radfar, SR., Pirooz, B., Gouya, MM. (2019) Drug use and risk behaviour profile, and the prevalence of HIV, hepatitis C and hepatitis B among people with methamphetamine use in Iran, *International Journal of Drug Policy*, 73: 129-134.
- Tayefi, B., Eftekhar, M., Tayefi, M., Darroudi, S., Khalili, N., Mottaghi, A., Hosseinzadeh Shanjani, Z., Nojomi, M. (2019) Prevalence and Socio-Demographic Correlates of Mental Health Problems Among Iranian Health Sciences Students, *Academic Psychiatry*, Publication date: 2019/10/17, 1-5.
- Amini, K., Marks, D., Cheraghi, MA., Eftekhar, M., Negarandeh, R. (2019) Attempting to Restore Integrity of the Self: A Grounded Theory Study of Recovery From Major Depressive Disorder, *Journal of the American Psychiatric Nurses Association*, 25(5):385-395.
- Safizadeh, B., Hoshyar, R., Mehrpour, M., Eftekhar, M., Salimi, V., Yazdani, S., Bijari, B., Khodakhah, F., Tavakoli-Yaraki, M. (2018) The role of expression and activity of 15-Lipoxygenase isoforms and related cytokines in patients with Multiple Sclerosis and healthy controls, *Journal of neuroimmunology*, 325, 32-42.
- Amini, K., Marks, D., Cheraghi, MA., Eftekhar, M., Negarandeh, R. (2018) Attempting to Restore Integrity of the Self: A Grounded Theory Study of Recovery From Major Depressive Disorder, *Journal of the American Psychiatric Nurses Association*.
- Mohammadi, N., Dianati, M., Omid, A., Eftekhar, M. (2018) Lived experience of Male-to-Female transsexual people after sex reassignment surgery, *International Journal of Medical Research & Health Sciences*, 5(10), 102-110.
- Safavifar, F., Eftekhar, M., Alavi, K., Negarandeh, R., Jalali, AH., Eftekhar, M., (2016) Religious Experiences of Iranian Transgenders: A Qualitative Study, *Medical journal of the Islamic Republic of Iran*, 30, 385-395.
- Khosravi, S., Eftekhar Ardebili, H., Larijani, B., Nedjat, S., Nikbakht Nasrabadi, A., Eftekhar Ardebili, M., Dabiran, S., Samizadeh, E., (2015) Are andropause symptoms related to depression? *Aging clinical and experimental research*, 27(6), 813-820.
- Alavi, K., Eftekhar, M., Jalali Nadoushan, AH. (2015) Comparison of Masculine and Feminine Gender Roles in Iranian Patients with Gender Identity Disorder, *Sexual medicine*, 4(3), 261-268.
- Eftekhar, M., Ahmadzad-Asl, M., Naserbakht, M., Taban, M., Jalali, AH., Alavi, K. (2015) Epidemiology of Transsexualism in Iran, *International Journal of Transgenderism*, 16(3), 190-199.
- Mohseni Ahouee, S., Eftekhar, M., Negarandeh, R. (2015) The experience of parents of childhood of children with gender identity disorder, *Iranian Journal of Psychiatry and Clinical Psychology*, 21(1), 50-59.
- Ahmadi Jazi, G., Eftekhar, M., Mobasher, P., Saeedi Tehrani, S., Ahmadi, K., & Rastgouy Fahim, M. (2015). Surveying the attitudes of transsexual patients referring to Tehran Institute of Psychiatry toward doctors' empathy, Iran, 2011-2012. *J Med Ethics Hist Med*, 8, 9.
- Zamanian, H., Eftekhar-Ardebili, H., Eftekhar-Ardebili, M., Shojaeizadeh, D., Nedjat, S., Taheri-Kharameh, Z., & Daryaafzoon, M. (2015). Religious coping and quality of life in women with breast cancer. *Asian Pacific Journal of Cancer Prevention*, 16(17), 7721-7725. doi: 10.7314/APJCP.2015.16.17.7721
- Jazi, G. A., Eftekhar, M., Mobasher, P., Tehrani, S. S., Ahmadi, K., & Fahim, M. R. (2015). Surveying the attitudes of transsexual patients referring to Tehran institute of psychiatry toward doctors' empathy, Iran, 2011-2012. *J Med Ethics Hist Med*, 8.
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- Alavi, K., Eftekhar, M., & Jalali Nadoushan, A. H. (2015). Comparison of Masculine and Feminine Gender Roles in Iranian Patients with Gender Identity Disorder. *Sex Med*, 3(4), 261-268. doi: 10.1002/sm2.79
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- Shapouri, S., Nejati, V., & Eftekhar Ardebili, M. (2015). Sexual orientation, theory of mind and empathy: A comparison of male homosexual and male and female heterosexuals. *Med J Islam Repub Iran*, 29(1), 1101-1106.

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- Naserbakht, M., Djalalinia, S., Tayefi, B., Gholami, M., Ardabili, M. E., Shariat, S. V., . . . Farzadfar, F. (2014). National and sub-national prevalence, trend, and burden of mental disorders and substance abuse in Iran: 1990-2013, study protocol. *Archives of Iranian Medicine*, 17(3), 182-188.
- Amini, K., Negarandeh, R., Cheraghi, M. A., & Eftekhar, M. (2013). Major depressive disorder: a qualitative study on the experiences of Iranian patients. *Issues Ment Health Nurs*, 34(9), 685-692. doi: 10.3109/01612840.2013.789942
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- Ghasemi, A., Eftekhari, M., Ardebili, Foroshani, A. R., Tol, A., & Taghdisi, M. H. (2013). Effect of empowerment based intervention program on promoting lifestyle among methamphetamine addict and their families compare with non-addicts. *World Applied Sciences Journal*, 22(2), 270-275. doi: 10.5829/idosi.wasj.2013.22.02.353
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- Ahmadzad-Asl, M., Jalali, A. H., Alavi, K., Naserbakht, M., Taban, M., Mohseninia-Omrani, K., & Eftekhar, M. (2011). The epidemiology of transsexualism in Iran. *Journal of Gay and Lesbian Mental Health*, 15(1), 83-93. doi: 10.1080/19359705.2011.530580
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- Shabani, A., & Eftekhar, M. (2007). Non-compliance after first episode of manic or mixed mood state: A 17-months follow-up. *Iranian Journal of Psychiatry and Behavioral Sciences*, 1(2), 46-49.

Books:

- Eftekhar, M., (2018) Transgenderism in Iran, In: *Current Debate in the Field of Transsexuality*, New York: Routledge.
- Eftekhar, M. et.al. (2012) Clinical Manual of Counseling in Patients with Psychostimulants Abuse. Tehran. Iran: By Ministry of Health, Tehran Institute of psychiatry, Mental Health research Center.
- Eftekhar, M. Taban, M. (2012) Family and its role in HIV/AIDS prevention. Tehran, Iran: Mehravash
- **Translation:** Bologini, S. (2012). Secret Passages: The Theory and Technique of Interpsychic Relations (The New Library of Psychoanalysis) (M. Eftekhar & s. Nohesara, Trans.). Tehran,Iran: Arjmand.
- Eftekhar, M. et.al. (2010). Educational package of psychiatry of HIV for psychiatrists. Tehran.Iran: Iran University and Medical Sciences.
- Eftekhar, M. (2008). Sexual Relationship and Problems. Tehran, Iran: Danjeh.
- Eftekhar, M., Moshtagh, N. (2007) Transsexualism, In Encyclopedia of Islamic Cultures, Volume IV, Brill, Boston.